



## Ruth

### WEEK 3: Ruth 2

#### Shuffle the Deck

1. **Noodle Art.** Using white glue, construction paper and a variety of noodles, relive your preschool days and make some noodle art.



2. **Got Barley?** As cereal grains go, barley is a winner when it comes to good nutrition. This centuries-old grain is packed with fiber, contains important vitamins and minerals, is slim on fat, and, like all plant products, cholesterol-free.



Visit The National Barley Foods Council website (<http://www.barleyfoods.org/recipes.html>) and try a new recipe involving barley. Barley Citrus Sauté, Rock 'm Sock 'm Chili, Barley Fruit Scones, Fillet of Sole with Barley and Asparagus, just to name a few.

3. **A Million.** If you could have one million \_\_\_\_\_ (anything besides dollars and/or money) what would it be? What would you do with it?

#### Deal the Cards

For a study on Ruth, we recommend Premium Roast with Ruth by Sandra Glahn. The entire text of Ruth can be found on line at <http://net.bible.org>.

#### Group Discussion

As a group, discuss the following:

1. Boaz gives a reason for his great kindness towards Ruth – word has gotten around about what she did for Naomi. Speculate on how word got around? Who told whom?
2. Do you consider yourself a global or local person? Are you easily put off balance by differences in people (culture, language, religion, values, etc.)?
3. As a group, is there anything you can do for the poor, orphaned, widowed, or foreigner? Anything you can do individually? Be creative. Think of something that hasn't been done before.

## **Play Your Hand**

Decorate a playing card or a playing-card-sized piece of paper or cardboard with something associated with the following:

1. Sacrifice like Ruth
2. Honor like Boaz
3. Caring for the vulnerable
4. How do you view work?