



Colossians

WEEK 4: Colossians 4:2-18

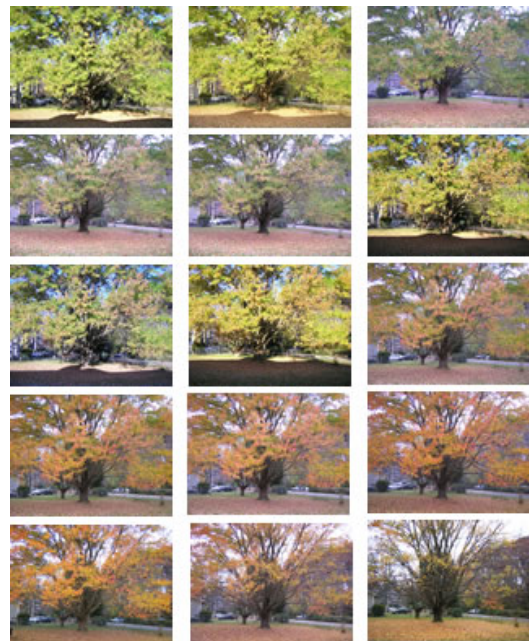
Shuffle the Deck

1. **Go Outside and Play.** Visit the local botanical gardens or take a nature walk. Shoot some digital pictures. Use the pictures in some piece of art: make a greeting card, hang it on your frig, use as a screen saver on your computer, use it in a SoulPerSuit card, decorate a coffee cuff with it, make them into gift tags, etc.

2. **Daily Digital 2.** Did you do the Daily Digital shuffle in week2? I got the idea from a guy who took his picture everyday for several years. I couldn't find that original web site but it has become very popular and you can see an example here: Noah K. Everyday (<http://everyday.noahkalina.com/>)

I did this for a while with the tree in my backyard. Below are the pictures I took in November 2004. When they are grouped together like this they make a very interesting pattern.

You can use you pictures and do some of the same ideas mentioned in 1 above.



3. **Quiet Place To-Go.** Sometimes you don't actually have your own physical space to call your own where you can meditate, read a book, or enjoy a cup of coffee. Create a "quiet place to-go". Depending on how portable you want your quiet place to be, choose a container: a storage box with lid, recycle a gift bag, use a vintage lunch box, a resealable baggie, a tote bag, backpack, shoe box, etc. Place inside this container anything you can take with you that would create a quiet place wherever you are: scented oil (so you don't have to use matches for a candle), a coaster, a coffee cuff, a good pen, a highlighter, a small notepad or journal, a handful of chocolates, mini post-it notes, a coffee mug or tea cup, a couple of tea bags, granola bar, fuzzy socks, an inflatable pillow, recently received notes or cards from friends, a photo, ... whatever you like to create your quiet place. Then, the next time you can steal a moment to sit down to yourself or get away from the house, grab your "quiet place to-go" and a book, magazine, or mp3 player and you're ready for instant relaxation.

Deal the Cards

For a study on Colossians, we recommend *Cappuccino with Colossians* by Sandra Glahn. The entire text of Colossians can be found on line at <http://net.bible.org>.

Play Your Hand

Decorate a playing card or a playing-card-sized piece of paper or cardboard with something associated with the following:

1. Have you given up on praying for something? Why?
2. An opportunity lost/An opportunity seized.
3. The one thing that you want to remember most of all from the book of Colossians or the one thing that impacted you the most or the verse that has stuck with you.